



# CORONAVIRUS DISEASE - 2019

## ADVICE TO TRAVELLERS ARRIVING IN KENYA



**KARIBU KENYA!  
WELCOME  
TO KENYA!**

**We care for your health. To protect you and others from Coronavirus Disease (COVID-19), you will be screened by Port Health Officials**

### Protect yourself, family and community from COVID-19



Regularly wash hands with soap and water, or use an alcohol based hand sanitizer



Avoid close contact with people who have flu-like symptoms



Cover your nose and mouth with tissue or cough and sneeze into your flexed elbow



Stay home (isolate self) and avoid travelling when you have flu-like symptoms



Cook meat and eggs thoroughly



Report fever, cough and shortness of breath to the nearest health facility

Anyone arriving from a country or area reporting COVID-19 is advised to isolate themselves for 14 days.

**Subscribe to Safiri Smart on \*265# to get updates on COVID-19 and other epidemic diseases.**

**Should you develop flu-like symptoms such as fever, coughing and difficulty in breathing, urgently seek medical care. You are also encouraged to report to the Ministry of Health through: Toll Free Line (in Kenya): 0800 721 316 Telephone Hotlines: +254 729 471 414 /+254 732 353 535**

For further information contact: The Head, Division of Disease Surveillance and Response  
Ministry of Health  
Email: [headidsru.mohkenya@gmail.com](mailto:headidsru.mohkenya@gmail.com)  
P.O. Box 20781 - 00202 Nairobi.





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## ADVICE TO TRAVELLERS DEPARTING FROM KENYA



**KWAHERI!  
SAFIRI SALAMA  
GOODBYE!**

**We care for your health. Port Health Office screening protects you and others from Coronavirus Disease (COVID-19)**

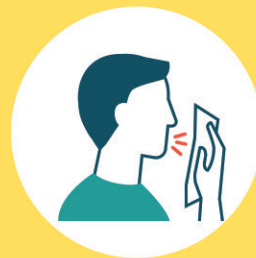
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Cook meat and eggs thoroughly



Report fever, cough and shortness of breath to the nearest health facility

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**Should you develop flu-like symptoms such as fever, coughing and difficulty in breathing, consult the nearest hospital/health insurance. For Kenyans please notify the Kenyan Embassy in that specific Country.**

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